



ABC GYM KIDS

149 - 155 Christopher St, New York, NY 10014
(347) 622-1009 - www.abcgymkids.com

BIG KID GYMNASTICS GUIDELINES (3 - 8 years)

Please know that these guidelines are intended to help your child get the most out of their experience at GYM KIDS.

1. Only those children registered for class may participate in class. Siblings and friends are not covered under insurance and must remain in the designated seating area. **NO EXCEPTIONS.**
2. Please arrive at least 5 minutes prior to class start time. This allows your child to prepare for class - physically, mentally and emotionally (taking off shoes, saying hello to teachers and friends, hearing gentle reminders about safety, using the bathroom, etc...). It also allows us to begin on time and give each child a full 50 minutes of learning and fun.
3. BIG KID classes begin with a warm up. Warming up is essential to your child's safety and progress in this program. Those arriving late disrupt the class and endanger the other students. Please sign up for a class day and time where this will not be an issue.
4. Children arriving after the warm up will not be allowed to participate and will need to take an absence. It will be counted as one of the two make up classes that we offer per session. Scheduling a make up class for this type of absence will need to occur at your **NEXT CLASS**, as the teacher(s) will be fully engaged with keeping children safe and moving.
5. Grown ups are welcome to stay and observe class. We ask that you do not "coach" from the designated seating area.
6. If you intend to leave and come back, an adult that you feel comfortable with must be appointed to your child in case they need to use the bathroom. Please let your child's teacher know who that person is before you leave.
7. Children need to wear comfortable, movable clothes. No skirts or dresses are allowed - no jeans or pants with snaps, buttons or zippers. Long hair in a pony tail. No street shoes on any of the equipment at any time. Children will be barefoot during class.
8. No food is allowed in the space. Please snack before or after class. Bottled water is okay, but must stay by the designated seating area.
9. Please be sure to read the make up policy through at the beginning of each session. Your child's safety is always our first concern.



ABC GYM KIDS

149 - 155 Christopher St, New York, NY 10014
(347) 622-1009 - www.abcgymkids.com

MAKEUP POLICY FOR ALL STUDENTS

We look forward to working and playing with you and your children!

- Gym Kids would like to OFFER, but does NOT GUARANTEE two (2) make up classes per session.
- Missed classes must be made up within the session they are missed, as they WILL NOT carry over into the next session, and WILL NOT be refunded.
- No make up classes will be scheduled on any "last day" of a session.
- Make up classes must be scheduled IN ADVANCE, and IN PERSON with your instructor(s). WE DO NOT SCHEDULE MAKE UP CLASSES OVER THE PHONE OR BY EMAIL. We can send any caregiver home with several options to choose from, and day and time can be confirmed at the following class, IN PERSON with your instructor.
- Please schedule make up classes as soon as possible - due to limited space, spots for make ups fill quickly, and we need to keep a safe student/teacher ratio.
- It is very helpful to us to know about any foreseen absences, such as vacations or doctor's appointments - as this opens a spot in the class for someone else to do a make up. It is not necessary to notify us the day of or the day before an absence.
- Only those registered for a particular day and time, and those previously scheduled will be permitted to participate in any given class. Please do not just "show up" for a class. We do this to ensure the safety of your children by keeping a safe student/teacher ratio.